SOSL Support Groups in New Hampshire

Location	Date	Time	Facilitator (s)	Notes
Zoom	Friday - 2nd Friday of the month	9:00 - 10:00am	Steve Boczenowski	Friday Coffee Chat meeting virtually. Contact group leaders for information on how to access the group.
Zoom	Tuesday - 4th Tuesday of the month	6:00 - 7:00pm	Steve Boczenowski	Tuesday Tea meeting virtually. Contact group leaders for information on how to access the group.
Concord	Wednesday - 2nd Wednesday of the month	6:30 - 8:00pm	Janyce Demers - (603) 860-8490	Meeting in-person. Contact group leaders for information on how to join the group.
Durham	Wednesday - 3rd Wednesday of the month	6:15 - 7:30pm	Amy Oliva and Kristin Joslin	This group is currently meeting online. Contact Amy Oliva for information on how to join.
Keene	Monday - Every Monday	6:30 - 8:00pm	Penny King or Deb Marcotte	Contact Penny King or Deb Marcotte for meeting information. All meetings are confidential and open only to survivors.
Merrimack	Wednesday - 4th Wednesday of the month	6:30 - 8:00pm	Debbie Peters or Kerry Arseneaux	This group is currently meeting in-person. Contact Debbie Peters or Kerry Arseneaux at soslnashua@gmail.com for information on how to join.
Nashua	Wednesday - 2nd Wednesday of the month	6:30 - 8:30pm	Debbie Peters or Kerry Arseneaux	Contact Debbie Peters or Kerry Arseneaux for information on how to join.
Tamworth	Tuesday – 3rd Tuesday of the month	6:00 – 7:15pm	Julie Lanoie	Call Julie at 603-323-8511 for additional information.

AFSP's Healing Conversations

https://afsp.org/healing-conversations/

Last Updated: August 20, 2026